

Bylaws of the **International School Franca & Franco Basaglia – The practice of freedom**  
**Approved with Decree nr. 713/2018**

**Art. 1 – Introduction**

This Bylaws rules the organization and the functioning of **the International School Franca & Franco Basaglia – The practice of freedom.**

The excellence of the Trieste experience was pointed out by WHO since 1974 by appointing Trieste as a pilot area. In 1980 the Region Friuli Venezia Giulia established in Trieste the Centro Studi Regionale (CRS) for Research & Training-Mental Health. In 1987 WHO Geneva appointed it as WHO Collaborating Centre for Research and Training. Further it was acknowledged as Lead WHOCC for the development of Mental Health Services in Europe by WHO Copenhagen as part of the implementation of the Action Plan linked to the Helsinki Declaration on Mental Health (2005). The acknowledgment was a recognition of the excellence of Trieste Mental Health Services.

The International School Franca & Franco Basaglia is realized by the WHO Collaborating Centre - Mental Health Department of Trieste with the support of the FVG Region, in collaboration with universities and national and international research and training institutes. The International School can take place in other locations, offered by collaborating organizations.

**Art. 2 - Purpose and functions**

The purpose of the “International School Franca & Franco Basaglia” is to teach, transmit and update the thinking and practice founded on the centrality of the person as citizen with full rights, such as Franca and Franco Basaglia lesson and the Trieste experience, and more generally a critical approach to psychiatry as far as fighting against institutionalization and medicalization is concerned, promoting an integrated concept of care based on the community, that excludes the use of oppression and restraint methods. Therefore it intends to diffuse all practices and experiences inspired to those principles, based on same values, and acknowledged as useful to innovation in the mental health domain. It aims at constructing adequate and internationally recognized curricula, through theoretical and practical learning based on knowledge and study of services and practices, interacting effectively with local settings. It privileges young staff and all those who are engaged in the process of change. It teaches and documents innovations in areas such as alternatives about crisis care, comprehensive CMHCs, early intervention, social enterprises, rehabilitation and social inclusion, of recovery oriented practices and coproduction.

The “International School Franca & Franco Basaglia” in carrying out its tasks, uses the following terms of reference:

- Support and guidance in various countries for deinstitutionalisation and development of integrated/comprehensive Community Mental Health services;
- Drafting of policies at the local and national level;
- Leadership and management;
- Implementation and development of local services network;
- Workforce development (multidisciplinary teams);
- Collaboration, partnership and networking with some countries/areas which demonstrate the willingness and capacity to deliver community based service development;
- Diffusion of Whole Systems & Recovery approaches: innovative practices in community MH (e.g. alternatives for acute care; comprehensive CMH Centres; rehabilitation, recovery & social inclusion services; deinstitutionalisation & whole systems change; early intervention integrated network; social enterprises & Cooperatives technology, operation & policies)

through activities such as:

- organisation of field training and counselling missions in different countries;
- study visits, training modules;
- accommodation for trainees, researchers and students;
- organization of scientific meetings, conferences, summer schools and courses for partners;
- receiving of technical delegations with health policy tasks;
- participation in calls for national and European research, training and international cooperation projects;
- organization of research networks and individual projects of scientific importance, particularly in areas of innovation.

### **Art. 3 - Management principles and governing bodies**

The International School is promoted by the WHO Trieste Collaborating Centre and by external public or private partners, with partnerships both conventional and not conventional.

It is managed by Azienda Sanitaria personnel, engaged in the activities of the WHO Collaborating Centre, in collaboration with other personnel, related to external entities, networks and non-governmental organizations both national and foreign as well as international, in order to contribute to the realisation of the activities.

Governing bodies are:

- The Director, who, in order to meet the requirements of the Work Plan agreed with the WHO, remains in office for the 4 years of the designation period. She/He is in charge of the planning and overall management of the activities, as well as the administrative activities associated with them.
- The Directive Committee or Steering Committee, with the tasks of address, organization and liaison with the WHO Collaborating Centre / DSM (Mental Health Department) to which it reports. It appoints the Director of the School, in agreement with the Director of the DSM.
- The Scientific Board, which is identified with that indicated for the WHO CC, with tasks of review, integration and indication of content and method.
- A team of operators and contact persons by thematic area or specific programme.

These bodies are made of Azienda Sanitaria employees engaged in international activities, designated by the DSM, and also involve employees of other Azienda Sanitaria of the FVG Region, national and international external experts, assisted by an organisational and administrative secretariat;

The International School is managed in accordance with the established programmes and guidelines, in compliance with the Work Plan and the objectives set and agreed with WHO, in network with the Services of the FVG Region regarding training, cooperation and research activities; recognising their full autonomy for the achievement of these objectives.

It is understood that the organization will ensure the correct compliance required by the current rules on administration, after coordination and planning of interventions between the different levels of government and management of the school itself.

#### **Art. 4 - Organisation and human resources**

The School is guaranteed a staff with appropriate skills and in adequate number by identifying the personnel of the DSM dedicated on a part time basis to the functions of secretariat and coordination, facilitating the realization of planned activities also through missions requested, within the needs of the Service and by agreed condition.

The possibility of providing services, even if only partially, thanks to external, public or private entities, including voluntary associations, through a special agreement and/or service agreement with the Azienda Sanitaria is confirmed.

In order to carry out its functions, The International School, can also involve volunteers, members of associations affiliated with the Azienda Sanitaria, young people from the National Volunteer Civil Service and/or interns from university faculties whose studies are consistent with its mission. In such cases, the contribution to the activities may not be a substitute for the necessary qualified professional services, but it is a significant training opportunity for young people in order to provide them with an opportunity of direct experience in the field of community mental health.

Hereby are listed identified institutional partners of the WHO CC / DSM:

- WHO Geneva, Mental Health Department
- WHO Copenhagen, Mental Health Department
- Regione Friuli Venezia Giulia
- Regional Mental Health Departments
- Trieste and Udine University clinics
- International Relations Office of the FVG Region
- Ministry of Health
- WHO CC for Classifications

In addition, between scientific institutions and NGOs, are identified as operational partners, useful for the implementation of the activities of the Work Plan:

- IMHCN - International Mental Health Collaborating Network
- CoPerSaMM – Conferenza permanente per la salute mentale nel mondo “Franco Basaglia”
- IAN - International Aid Network (Serbia)
- Red Das Bonas Practicas (Argentina)
- The MHS Conference
- World Association Psychosocial Rehabilitation (WAPR)
- Unione Nazionale delle Associazioni per la Salute Mentale (UNASAM)
- Fondazione Franca e Franco Basaglia
- LegaCoopSociali FVG
- StopOpg
- Forum Nazionale Salute Mentale
- Società Italiana Epidemiologia Psichiatrica (SIEP)
- Psichiatria Democratica (PD)
- European Community Mental Health Service providers network (EuCoMS)
- World Association for Psychosocial Rehabilitation (WAPR) Italia
- World Federation for Mental Health (WFMH)

It is also entrusted to the International School:

- the coordination of research activities of particular international importance and the organization of training activities and conferences of international importance;
- the organization and realization of study visits in the Services with the cooperation of dedicated part-time staff and spaces made available by Azienda Sanitaria;
- the coordination of hosting activities of foreign and Italian trainees included in the work plan and according to the annual planning.

#### **Art. 5 - Programming and financial resources**

The activity of the International School Franca & Franco Basaglia is identified on the basis of the WHO programming documents, also on potential proposal of the Director and of the Scientific Board.

Within the limits of budget availability, it is established the possibility to allocate part of the funding to personnel recruited for the project or to social partners accredited with Azienda Sanitaria of Trieste, for the activities of support to the secretariat and planning, in accordance with company rules and regulations, as well as financial incomes deriving from specific projects, for which the European Community, the State, the Region may intervene, by means of grants, as well as other public and private bodies, in order to better adapt the programming of the actions to be implemented.

#### **Art. 6 - Annual report**

At the end of each year, the Director prepares a report on the activities carried out, on the use of human and instrumental resources, on the initiatives taken and on any other information relevant to the evaluation of the activities carried out.

#### **Art. 7 - Final rules**

For anything not expressly provided in this Bylaws, please refer to the regional and national legal rules governing the subject, as well as to the provisions of ancillary regulations that will be approved. This Bylaws shall come into effect when the decision approving it is enforceable and shall replace any previous regulation which is contrary to it.

