



Interreg



ITALIA-SLOVENIJA



SALUTE-ZDRAVSTVO

Progetto ITI co-finanziato dal Fondo europeo di sviluppo regionale
Projekt CTN sofinancira Evropski sklad za regionalni razvoj

- can we identify points of care that can unite both systems despite their differences?
- can we exchange experiences between Italian and Slovene mental health experts and good practices of our work in the community?
 - can we improve the existing mental health and social infrastructure, and facilitate easier and faster accessibility to appropriate health assistance in the local environment?

The key activities of the project will be:

- to establish and create an integrated network of cross-border mental health services to properly identify individual needs of young people before the first appearance of specific mental disorder,
- to create a joined Slovene-Italian team to help people with mental health problems in local communities,
- to design measures for improving patient mobility in the cross-border area,
- to implement innovative projects for much easy reintegration of patients into the community,
- to promote activities for better mental health in Italy and Slovenia.

Slovenian mental health system. Is it time for changes?

- caring for and treating people with mental health problems in all stages of life should be as close as possible to the community where people live
- existing mental health services need to be upgraded
- we need a comprehensive and integrated network of community based mental health services and social services that can respond in a timely manner to the needs of individuals and communities.
- holistic, interdisciplinary and cross-sectoral cooperation is needed
- the right to social inclusion, employment, economic security, safe housing, rehabilitation and destigmatization must be ensured

Community mental health care in western part of Slovenia. Are we successful?

- Reducing the number of hospital admissions
- Strengthening the social network
- Improving life quality
- Enhancing independence, confidence and sense of security
- Establish a good relationship, trust, cooperation