

Responding to crises

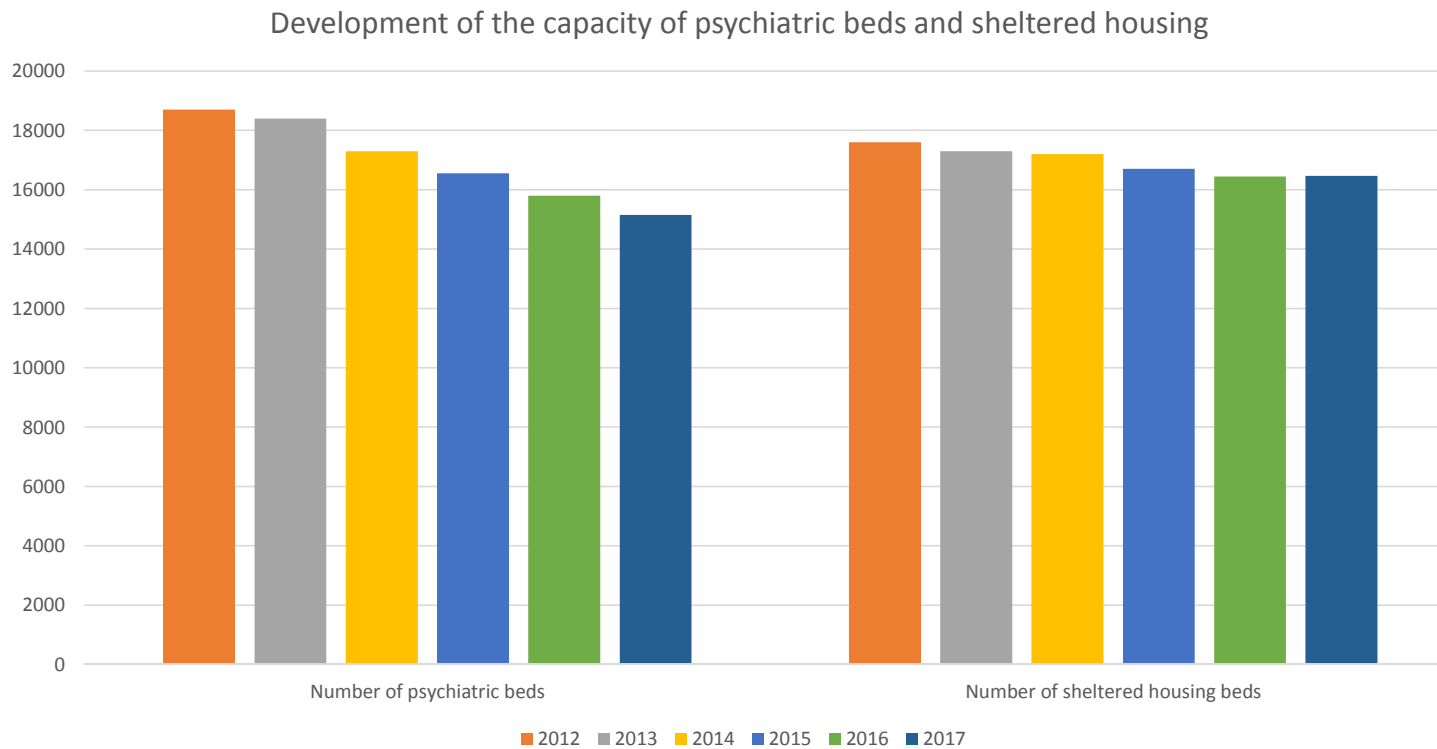
Reflections from a Dutch perspective
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Dutch Context 1

- Deinstitutionalization is back on the agenda since 2012:
- Administrative agreement:
- a reduction of the beds of one third in 2020 in comparison to 2008. Substitution with outpatient, community care.

Main results of the Dutch monitor of deinstitutionalization - Capacity



Dutch Context 2

- How to do this in practice?
- Freedom first
- Developments:
 - Further development of community mental healthcare teams / FACT
 - Open Dialogue
 - Resource groups
 - Peer initiatives / recovery colleges
 - IHT
 - Etc...

Comparative research Trieste - Utrecht

- But: in practice a crisis often means hospitalization. How can we change this?
- Ethnographic research that looks into **daily practice of care** with a focus on the moment of the 'onset' of a crisis.
- Focus on practice & **ideas/ values** embedded in care practices.
- More on Wednesday!

Some reflections



1 . Autonomy

- Idea of autonomy: when do you interfere & intervene?
- Relational autonomy versus individual autonomy
- Example: backache

2. Working on and with relations

- Care professional – service user
- Care collective: broader network of family, community, work, school etc
- Task of MH professional is to create or sustain the network.

3. Low threshold & continuity of care

- Importance of low threshold with referral but also for a short admission (respite beds) like CMHC in Trieste.
- Continuity of care: what does it mean in practice? How can we make sure that specialization doesn't mean fragmentation?
- The absence of beds asks for creativity

4. Society

- Role of mental healthcare. Is control / public order also the task of mental healthcare?
- Finance system

Wrap-up

- Deinstitutionalization is more than just reduction of beds, it is about developing alternatives. Alternative ways of dealing with (the onset of) a crisis is an important element in this.
- Recovery & human rights
- We can learn from each other by looking at the organization of care, but also by studying daily care practices
- Contrasting practices can help! It gives a new perspective