TWINNING COLLABORATION
CONVENTION:
"WHOLE PERSON-WHOLE LIFE-WHOLE SYSTEMS"

Mental Health Dept.
WHO CC for Research and Training
ASUITS
TRIESTE MHD (MENTAL HEALTH DEPARTMENT) - ASUITS

• collaborates with WHO (World Health Organization) since 1974
• is WHO CC (WHO Collaborating Centre for Research and Training) in Mental Health since 1987
• is recognized by the WHO as a centre of excellence for the delivery of mental health services.
• hosts every year more than 500 stakeholders
STUDY VISITS FROM WALES

Study visits of Welsh Directors, lead clinicians, professionals, service user representative and managers of **Hywel Dda University Health** and **Aneurin Bevan Health Boards** took place from **2014** (October 2014)
• study visits/exchanges/International Meetings in Trieste
• conferences & study visits/Learning set in Wales have followed
TWINNING COLLABORATION CONVENTION

Hywel Dda University Health Board and ASUITS, supported by the International Mental Health Collaboration Network (IMHCN), have expressed a desire to form a Twinning Collaboration Convention of learning, sharing experiences and development for an improved Whole Person-Whole Life-Whole System” approach to mental health.
Thanks to Decreto n° 41 06/02/2015 ASUITS it has been established the Twinning Collaboration Convention: "Whole Person-Whole Life-Whole Systems" between ASUITS, Hywel Dda University Health Board, Wales with the support of IMHCN (International Mental Health Collaborating Network) for improvement and innovation of services, adopting a whole life-whole systems approach.
Aim is to bring together people and organisations that are committed to develop good quality community mental health services and practices for people with a mental health issue based on the principles and values of whole life, recovery, social inclusion and emancipation. With the support of a continuous learning culture and collaboration, individuals and organisations can benefit from each other’s experiences, practices and knowledge.
TRIESTE’S AIMS:

• To **provide** opportunities for further **learning** and **support** for Hywel Dda University Health Board and its partners in the Trieste Mental Health **models** of services, culture and practices.

• To **provide further study visits, staff exchange programs and seminars, workshops** as determined by all partners.

• To **learn** about the **organisation** and practice of Primary Care, Elderly Services and the present community mental health centers in Hywel Dda.

• To **learn** about the **therapeutic services and practices** offered to people in Hywel Dda University Health Board.
• is part of the Twinning Collaboration Agreement between ASUITS, Hywel Dda University Health Board and the IMHCN.
• The intention is to learn together to improve the lives of people with mental health issues within our communities.
• There will be a Learning Set Group in Trieste and Hywel Dda, running in parallel with each other.
JOINT ACTION LEARNING SET

Aim: cultural change:
• Changing Thinking
• Changing Practice
• Changing the System
designed to be an experiential learning experience

1. steering group

2. working group members (25-30 people) professionals, service users, family members and community organisations

- from 6th April 2016 till 14th December 2016
- 5 sessions

- During each meeting, notes were taken and the main points were sent to the participants
- an action to perform and results to report the next time.
The five one day sessions with work together on the following themes,

- Knowing the Person
- Working Alongside the Person
- A Whole Life for the Person
- Identifying and sharing good practice
- Specific developments in Trieste and Hywel Dda
- Improving the culture in Trieste and Hywel Dda towards a more Whole Person, Whole Life-Whole System and Recovery Approach
First anniversary for Welsh-Italian mental health twinning

Mental health professionals in mid and west Wales have welcomed colleagues from Trieste, as part of a staff exchange programme with Hywel Dda University Health Board.
“The twinning provides opportunities for sharing good practice, learning from each other’s services, and solving challenges together via the established international learning sets”.