

**TWINNING COLLABORATION
CONVENTION:
"WHOLE PERSON-WHOLE LIFE-
WHOLE SYSTEMS"**

**Mental Health Dept.
WHO CC for Research and Training
ASUITS**

TRIESTE MHD (MENTAL HEALTH DEPARTMENT) - ASUITS

- **collaborates** with **WHO** (World Health Organization) since **1974**
- is **WHO CC** (WHO Collaborating Centre for Research and Training) in **Mental Health** since **1987**
- is **recognized** by the WHO as a **centre of excellence** for the delivery of mental health services.
- **hosts** every year more than **500 stakeholders**

STUDY VISITS FROM WALES

Study visits of Welsh Directors, lead clinicians, professionals, service user representative and managers of **Hywel Dda University Health** and **Aneurin Bevan Health Boards** took place from **2014** (October 2014)

- study visits/exchanges/International Meetings in Trieste
- conferences & study visits/Learning set in Wales have followed

TWINNING COLLABORATION CONVENTION

Hywel Dda University Health Board and ASUITS, supported by the International Mental Health Collaboration Network (IMHCN), have expressed a desire to form a Twinning Collaboration Convention of learning, sharing experiences and development for an improved Whole Person-Whole Life-Whole System” approach to mental health.

Thanks to **Decreto n° 41 06/02/2015** ASUITS it has been established the **Twinning Collaboration Convention: "Whole Person-Whole Life-Whole Systems"** between ASUITS, Hywel Dda **University Health Board, Wales** with the support of **IMHCN** (International Mental Health Collaborating Network) for **improvement and innovation of services**, adopting a whole life-whole systems approach.

Aim is to bring together **people** and **organisations** that are committed to develop **good quality community mental health services** and **practices** for people with a mental health issue based on the **principles** and **values** of **whole life, recovery, social inclusion** and **emancipation**.

With the support of a **continuous learning culture** and **collaboration**, individuals and organisations can benefit from each **other's experiences, practices** and **knowledge**.

TRIESTE'S AIMS:

- To **provide** opportunities for further **learning** and **support** for Hywel Dda University Health Board and its partners in the Trieste Mental Health **models of services, culture and practices**.
- To **provide** further **study visits, staff exchange** programs and **seminars, workshops** as determined by all partners.
- To **learn** about the **organisation** and practice of **Primary Care, Elderly Services** and the present community mental health centers in Hywel Dda.
- To **learn** about the **therapeutic services** and **practices** offered to people in Hywel Dda University Health Board.

JOINT ACTION LEARNING SET

- is part of the Twinning Collaboration Agreement between ASUITS, Hywel Dda University Health Board and the IMHCN.
- The intention is **to learn together** to improve the lives of people with mental health issues within our **communities**.
- There will be a Learning Set Group in Trieste and Hywel Dda, **running in parallel** with each other.

JOINT ACTION LEARNING SET

Aim: cultural change:

- Changing **Thinking**
- Changing **Practice**
- Changing the **System**

designed to be an **experiential** learning experience

1. steering group

2. working group members (25-30 people) professionals, service users, family members and community organisations

➤ from **6th April 2016** till **14th December 2016**

➤ **5 sessions**

➤ During each meeting, notes were taken and the main points were sent to the participants

➤ an action to perform and results to report the next time.

JOINT ACTION LEARNING SET

The five one day sessions will work together on the following themes,

- Knowing the Person
- Working Alongside the Person
- A Whole Life for the Person
- Identifying and sharing good practice
- Specific developments in Trieste and Hywel Dda
- Improving the culture in Trieste and Hywel Dda towards a more Whole Person, Whole Life-Whole System and Recovery Approach

Newspaper article

Wednesday, 18 May 2016

- **First anniversary** for Welsh-Italian mental health twinning
- Mental health professionals in mid and west Wales have **welcomed** colleagues from Trieste, as part of a **staff exchange programme** with Hywel Dda University Health Board.



“The **twinning** provides opportunities for **sharing good practice, learning** from each other’s services, and **solving challenges** together via the established international learning sets”.