

WHOLE SYSTEM CHANGE

Discussing the Trieste model

and the implementation of an open door no restraint system of care

Angelo FIORITTI

Direttore DSM-DP, Azienda USL Bologna



What represents Trieste for Italian mental health care?

- 1- where our current history begun**
- 2- our reference and a stimulus to regional systems**
- 3- our bridge to the international level**



1961-1978

La riforma psichiatrica italiana

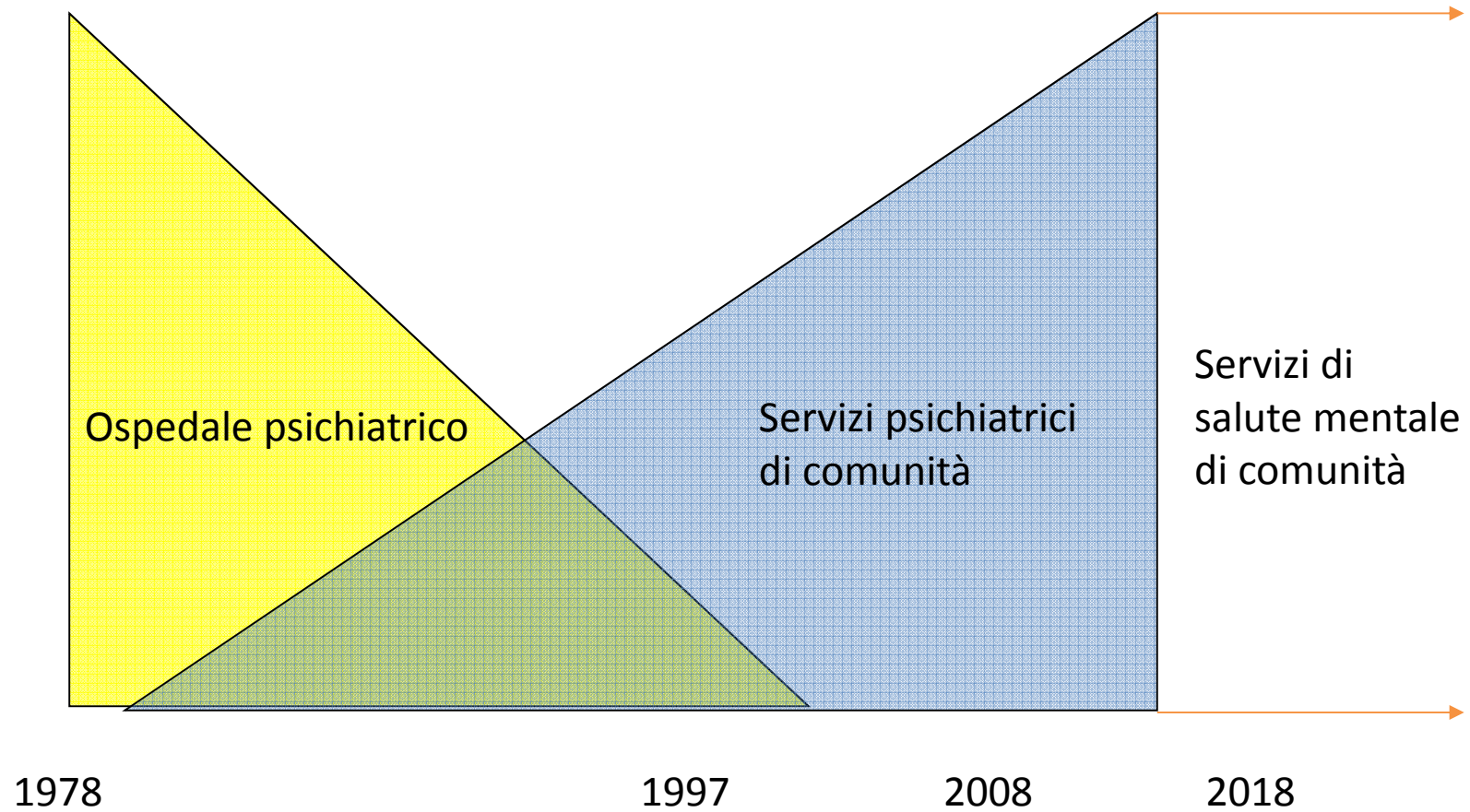
- Franco Basaglia fu lo psichiatra leader nella rivoluzione psichiatrica Italiana
- Rese aperto il manicomio di Gorizia tra il 1961 ed il 1968
- Questa esperienza divenne famosa in tutta Italia ed attrasse visitatori da ogni parte del mondo

Italia

Il sistema più territoriale in Europa

- La riforma «Basaglia» del 1978 ha gradualmente sostituito i vecchi servizi psichiatrici ospedalieri con un sistema a rete nel territorio.
- Oggi l'Italia investe nei servizi ospedalieri presso gli ospedali generali meno del 20% della spesa sanitaria.
- Il resto è investito nei centri di salute mentale del territorio e nelle strutture residenziali

Lo sviluppo dei servizi di salute mentale



Italian community psychiatry

- Things in common
 - Transition from hospital to community-based system
 - Integration in the NHS
 - Public health approach
 - Compulsory treatment legislation
 - Minimum set of services
 - Skepticism towards specialization (programmes)

Main differences

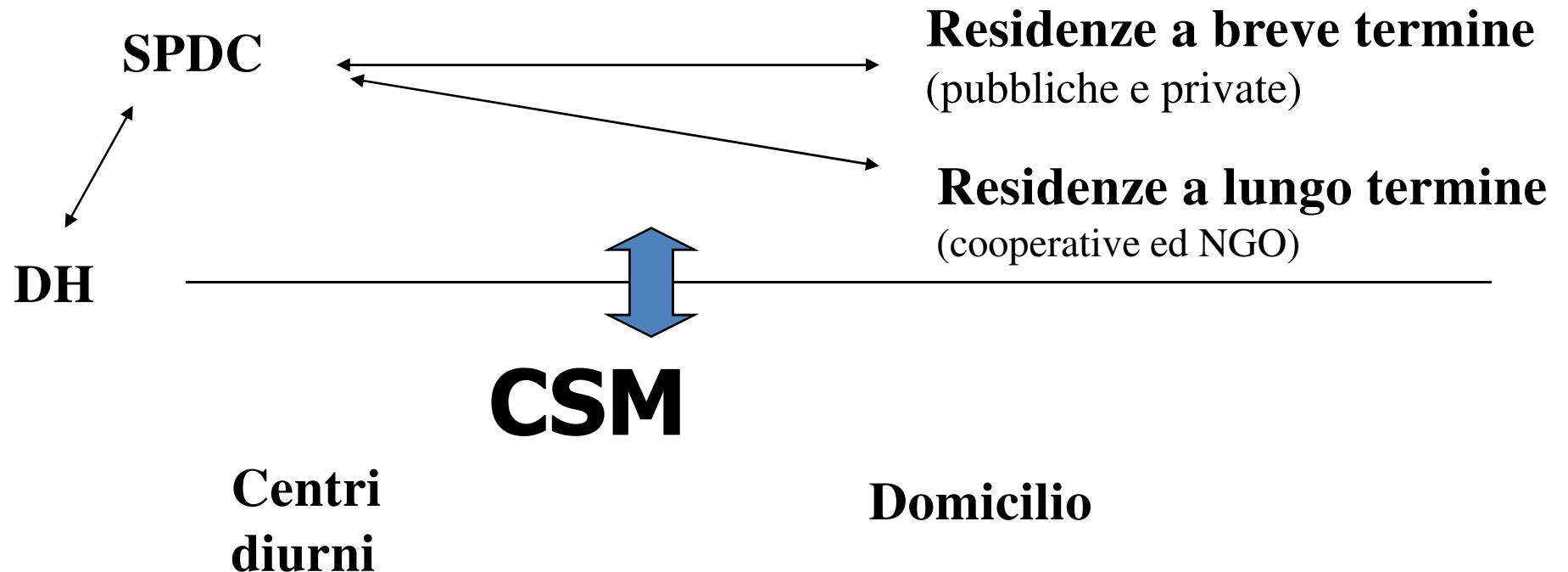
- Three dimensions
 - Resources (basically North/South gradient)
 - Radically community oriented vs. «balanced» (Trieste/Lombardia)
 - Radically generalist vs. «reasonable specialization (Campania/Emilia-Romagna)

The best and the worst of community psychiatry

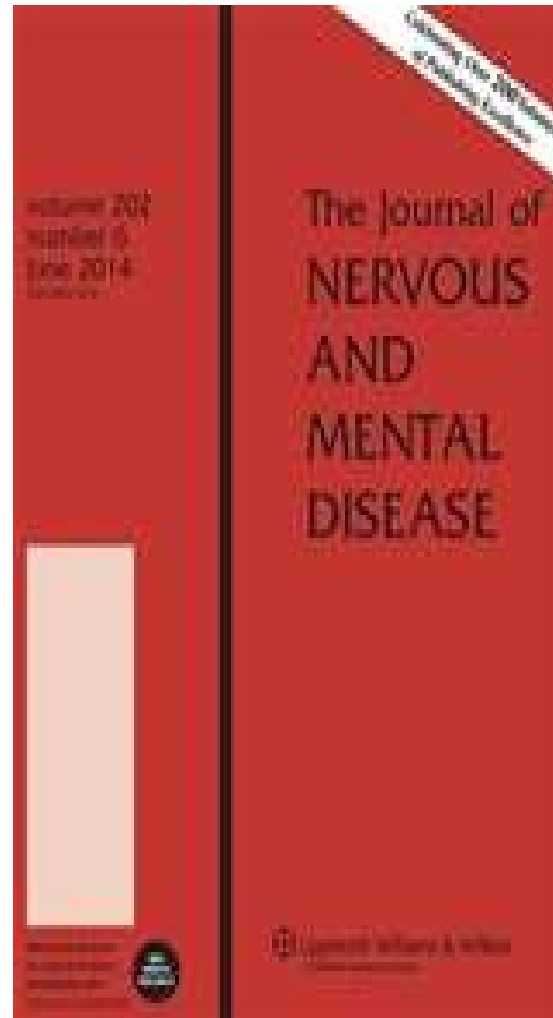
Servizi psichiatrici di comunità

Fase acuta

Fase subacuta



JNMD, June issue 2014



EDITORIAL

Community Mental Health in Italy Today

Angelo Fioritti, MD* and Francesco Amaddeo, MD, PhD†

In 1950, the American Journal of Psychiatry published “A Survey of Italian Psychiatry, 1949” by two authoritative psychiatrists, one American and the other one Italian (Lemkau and De Sanctis, 1950). It was a dramatic report on the obsolete and repressive institutions in Italy that were basically concerned with social control of deviant behavior. Some 30 years later, the passing of a reform law in 1978 (“Law 180”) radically changed the scenario of psychiatric care in Italy. The reform made a broad international impact, demonstrated by the numerous articles and monographs in international journals, which ranged in tone from enthusiastic to disparaging (Jones et al., 1991; Mangen, 1989; Mosher, 1982; Perris and Kemali, 1985). Several foreign observers showed a deep interest in the numerous pilot experiences carried out in Italy before and after the reform (Bollini and Mollica, 1989); others noted the striking differences in the working models and the achievements observed across the country (Jones and Poletti, 1986; Saraceno and Tognoni, 1989). Some judged the Italian psychiatric situation to be “patchy and confused” (Freeman et al., 1985). Even today, Italian psychiatry is probably more debated than known about, despite the increasing amount of literature

The Journal of Nervous and Mental Disease

COMMUNITY MENTAL HEALTH CARE IN ITALY TODAY

(A. Fioritti & F. Amaddeo eds.)

Editorial

A. Fioritti & F. Amaddeo

1 - Looking back: Italian psychiatry from its origins to Law 180 of 1978

V. Babini

2 - Thirty-six years of Community Psychiatry in Italy.

L. Ferrannini, L. Ghio, A. Lora, G. Tibaldi, G. Neri, A. Piazza

3 - Community Mental Health Care in Trieste and Beyond. An “Open-door No-Restraint” System of Care for Recovery and Citizenship.

R. Mezzina

4 - Italian Community Psychiatry in practice. Description and Comparison of three Regional Systems.

A. Lora, F. Starace, A. Fioritti, W. Di Munzio

Epidemiology and Psychiatric Sciences, page 1 of 5. © Cambridge University Press 2018
doi:10.1017/S2045796017000671



EDITORIAL

Is freedom (still) therapy? The 40th anniversary of the Italian mental health care reform

A. Fioritti*

Department of Mental Health and Substance Abuse, AUSL Bologna, Bologna, Italy

Basaglia Oxford Symposium, Sept. 2017





**GOOD PRACTICE SERVICES:
PROMOTING HUMAN RIGHTS &
RECOVERY IN MENTAL HEALTH**

Trieste, 23-26 September 2019

