



ABSTRACT FORM

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Title of the contribution/Titolo del contributo	THE AVILÉS MODEL FOR THE IMPLANTATION OF ASSERTIVE COMMUNITY TREATMENT AND CRISIS RESOLUTION TEAMS IN SPAIN		
Objectives/Obiettivi	To develop the community mental health model. To avoid admissions in general hospital To improve assistential quality To respect patient´s rights		

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In Spain, the psychiatric reform began 35 years ago. The implementation of the Community Model has meant a considerable advance compared to the former.

But The lack of community resources makes the family responsible for maintaining the patients inside the community. There is an irregular development of the assistance system with differences in the system which affect the model.

The existence of multiple devices and programs makes the coordination difficult.

There is an inadequate development of the rehabilitation services.

On the other hand, good results obtained by the ACT team of Avilés , the first team opened in Spain SINCE 1999 encouraged many policymakers to include ACT in their MH Services.

“The Avilés Model” has been a guide for implementing ACT in many cities.

Our proposal is an adaptation of the TAC model of Stein and Test to the Spanish healthcare system..

The wider public coverage of Community Mental Health services in Spain compared to the USA allows to reduce the intensity of the follow-up on nights and weekends by relying on 24-hour devices, as Therapeutic Communities.

These are ten important characteristics of the Aviles Model:

- o **Public funding**

- o* **Autonomy of the teams**
- o* **Patient, after five years without relapses and one year with an standard follow-up...will return to Community MHCenter**
- o* **Patients will be admitted in ACT team if CMHCenter is unable to improve the evolution.**
- o* **Only patients with "Psychosis"**
- o* **Staff: at least: psychiatrist, nurse, social worker, FULL TIME**
- o* **75% of work Should be delivered in the community**
- o* **Ratio Staff/patient: 1/15**
- o* **Home visits: always two professionals, at least.**
- o* **Close relationship with other devices belonging the MH Service**
- o* **Our main success has been that:**
We got ACT included in the Spanish Plan of Mental Health delivered in 2007.
Nowadays, ACT is the community intervention most demanded by users and carers in Spain. In Avilés, we have just developed another AO team: Crisis Intervention team with similar philosophy but addressing other population.