Monday 23\textsuperscript{rd} September 2019

Day 1

**GOOD PRACTICE SERVICE PRESENTATIONS**

08:00 Registration of the participants
Venue: Direction Mental Health Department – Via Weiss 5

9.00-9.30 Plenary Session
Venue: Franca e Franco Basaglia Theatre – *Simultaneous translation available* Ita/Eng
Welcome
- National and Regional authorities – Ministry of Health
- ASUITs & WHO Collaborating Centre Trieste
- World Health Organization – Geneva, Michelle Funk
- World Health Organization – Copenhagen, Dan Chisholm

9.30-10.30 Plenary Session
Introduction of Quality Rights and good practice service guidance Michelle Funk
(Incl. Videos)

Coffee break

11.00-13.00 Plenary Session
*Responding to Crises*
Chair/discussant Sashi Sashidharan
- Alternatives to hospital Martin Zinkler
- Open dialogue Jorma Ahonen
- Home treatment and hospitality at 24 Hrs CMH Centers Matteo Impagnatiello/Francesca Santoro/Serena Goljevscek/Christien Muusse
- No restraint approach in hospital setting Abdul Kadir Abu Bakar

General discussion

Lunch break
14.00-15.00  Plenary Session
Venue: Franca e Franco Basaglia Theatre – Simultaneous translation available Ita/Eng
1. Peer Support
Chair/discussant Jan Berndsen
- Peer support groups, Users and Survivors of Psychiatry in Kenya Michael Njenga
- Recovery College Martijn Kole
- Working with Voices Olga Runciman

15.00-16.00  Plenary Session
2. Primary care and support in community
Chair/discussant Mirella Ruggeri
- The Banyan: Home Again (Video) Vandana Gopikumar/Pina Ridente
- Psychosocial Care Centers in Brazil (CAPS) Rossana Seabra Sade
- Homelessness HOME Team Anthony Ruffin and Kerry Morrison

16.30-18.00  Plenary Session
3. Networks and services providing multisectoral supports
Chair/discussant Peppe Dell’Acqua
- Lille coordinated network of Services EPSM - Lille
- Walsh Trust New Zeland (video) Rob Warriner
- ENOSH housing services in Israel Liron David

General discussion

Tuesday 24th September 2019
Day 2
WHOLE SYSTEM CHANGE: DISCUSSING THE TRIESTE MODEL AND THE IMPLEMENTATION OF AN OPEN DOOR NO RESTRAINT SYSTEM OF CARE

9.00-10.30  Plenary Session
Venue: Franca e Franco Basaglia Theatre – Simultaneous translation available Ita/Eng
1. Trieste today and the regional developments
Chair/discussant Angelo Fioritti
- Trieste coordinated network of services Roberto Mezzina
- 24hrs Community Mental Health Centers: an operation manual or more? Claudia Fantuzzi/Daniela Speh/Gabriella D’Ambrosi
- The Regional Mental Health System Marco Bertoli/Mauro Asquini/Maria Angela Bertoni/Fulvio Tesolin/Giulio Castelpietra

Coffee break

11.00-13.00  Plenary Session
2. Local & global: co-production and innovation
Chair/discussant Fabrizio Starace
• **Personal Health Budget: means for integration but in the hands of whom?** Pablo Cangiano/ Morena Furlan/Arturo Rippa

• **The experience of open door forensic units in the Friuli Venezia Giulia Region** Giovanni Gaiatto/Gaetano Savarese/Alessandro Norbedo

• **The experience of Recovery House: recovery and empowerment pathways** Roberta Casadio/Paul Baker/Michele Sipala/Nicola Zulian/Izabel Marin

• **Integrated gender approach** Paola Zanus/Elisabetta Paci/Marina Barnabà/Valentina Botter

General discussion

**12.45-13.00 Plenary Session**

The global impact of the Trieste model of Community Services  Francesco Silvestri/ Tim Kendall

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**14.00-16.00 Plenary Session**

Venue: Franca e Franco Basaglia Theatre – Simultaneous translation available Ita/Eng

3. **Twinning Collaboration: International Experiences**

Chair/discussant John Jenkins

• **The experience in Wales: Hywell Dda and Aneurin Bevan Health Boards**  John Jenkins/Warren Lloyd /Richard Jones/Daniela Speh

• **Italy-Slovenia: “the GECT Project”, Cross border cooperation in mental health**  Bogdan Tusar/Alessandro Saullo/Marco Visintin

• **Los Angeles: T.R.I.E.S.T.E Project** Jonathan Sherin/ Kerry Morrison/Roberto Mezzina/Tommaso Bonavigo

• **Poland: Summary of 4 years co-operation and how it influenced the reform of Polish mental health system.** – Regina Bisikiewicz

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**14.00-16.00  EXPERT WORKING GROUP (closed meeting)**

Venue: Clinica Psichatrica

**WHO Europe QualityRights project**

Inter-country project meeting – planning and review meeting with EURO country focal points to discuss next phase

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**16.30 -18.00 Plenary Session**

4. **From Humanization to Deinstitutionalization**

Chair/discussant Vladimir Jovic

• **QualityRights: country presentations and general discussion**  Melita Murko/Dan Chisholm

• **Recommendations on the phasing out of psychiatric hospitals** Roberto Mezzina/Tommaso Bonavigo

General discussion
Wednesday 25th September
Day 3

COUNTRYWIDE AND REGION-WIDE REFORMS

9.00-10.30 Plenary Session
Venue: Franca e Franco Basaglia Theatre – Simultaneous translation available Ita/Eng
Roundtable: East to West, South to North
Chair/discussant Benedetto Saraceno

- **Czech Republic: the national strategy according to the European MH Action Plan** Jan Pfeiffer
- **Serbia: the national strategy of deinstitutionalization** Milan Stanojkovich
- **Kenya: Establishing good practice in rights-based approaches to mental health** Faraaz Mahomed
- **Ivory Coast: Unchaining people with mental health issues** Gregoire Ahongbonon

Coffee break

11.00-13.00 EXPERT WORKING GROUP (closed meeting)
Venue: Direction MH Dep. Room C
Good Practice Service Guidance
Workshop on Who Best Practice Services and next steps

11.00-12.00 Plenary Session
**Italy**
Chair/discussant Francesco Amaddeo
- **Overcoming of Forensic Hospitals: the good practices of REMS** Pietro Pellegrini/Stefano Ceconi/Franco Corleone
- **No-restraint Open-door Units in Italy** Giovanni Rossi/Roberto Zanfini/Alessandra Oretti

12.00-13.00 Plenary Session
**Empowerment**
Chair/discussant Lorenza Magliano
- **Empowerment: the networks of stakeholders in Europe** Jean-Luc Roelandt/Simon Vasseur-Bacle
- **Activa’T Barcelona** Maria J. San Pío/Emilio Rojo
- **Empowerment College** Silvana Hvalic/Emanuela Golia
- **Promoting user participation in Greece / EPAPSY** Panagiotis Chondros

Lunch break

14.00-16.45 Parallel Sessions
Strengthening international cooperation for system reforms
Room Ugo Guarino
A - Latin America and Spain (Spanish-Italian)
Chair/discussant Renzo Bonn/Giovanna Del Giudice
- Approach of socio-sanitary inclusion of mental health in the General Hospital, Silvia Raggi/Alberto Trimboli et al.– Hospital Alvarez Buenos Aires (Argentina)
- Argentina: Por un Pais sin Manicomios Luciano Grasso/Celeste Romero/Chiara Luchetta /Roberto Colapietro
- The Avilés model for the implantation of assertive community treatment and crisis resolution teams in Spain, Jaun José Martinez Jambrina – MHService of Avilés Asturias (Spain)
- La marea blanca. Como dar voz a los usuarios en salud mental, Pilar Balanza – Servicio Murciano de Salud Mental (Spain)
- Daily life in the expression of hearing voices: the narrative of people attended at mental health service n Belem do Para, Maria de Nazareth Malcher – University of Brasilia/ Adelma Pimentel – Federal University of Pará (Brazil)

B - Europe and beyond (English)
Venue: Direction MH Dep. Rooms A & B
Chair/discussant John Jenkins/Paul Baker (IMHCN)
- An empirical ethics approach to Trieste mental healthcare, Christien Muusse - Trimbos Instituut (The Netherlands)
- Machines of exclusion and inclusion, Vito Flaker - University of Ljubljana (Slovenia)
- Social Firms Europe CEFEC, Sergio Serra – CEFEC (Italy)
- The Role and Value of Mental Health Service Users’ Association in Fostering and Promoting Recovery, Bojan Sosic et al. – Feniks Association (Bosnia and Herzegovina)
- Equity and equality: A Community network to ensure the acces to mental health care of “the last”, Massimo Marsili/Christelle Lemaire – EPSM Lille (France)
- Teaching Old Gods New Tricks, Rob Warriner – Walsh Trust (New Zeland)
- “Good Practices” means “Open doors with no restraints” and really “community based”, Theodoros Megaloeconomou – Initiative for a movement for an alternative Mental Health (Greece)
- Institution, coercion and trauma, Thomas Emmenegger - Olinda OGN Milan (Italy)
- The hostel program – Recovery oriented care for people with long term drug addiction, within housing facilities and ambulatory care, Ronald Kemp – Lister (The Netherlands)
- To promote Dignity and Wellbeing, guaranteeing accessibility – quality – sustainability of social/health services for person, Luigi Leonori – SMES/Europa (Belgium)
- A project for improving standard of care and human rights in psychiatric hospital in Iran, Maryam Tabatabaei – Tehran University of Medical Sciences (Iran)

C - The person’s say: programs and practices in whole life domains (English)
Venue: Franca e Franco Basaglia Theatre – Simultaneous translation available Ita/Eng
Chair/discussant Mirella Ruggeri/Silva Bon
1. The right to work
- Social cooperatives societies and citizens’ social integration, Felicitas Kresimon – 2001 Agenzia Sociale (Italy)
2. The right to health

- A pilot study of a shared decision-making program to improve antipsychotic drug treatment, Domenico Berardi – Bologna University/Fabio Panariello - AUSL Bologna/MHD (Italy)
- Peer support in Community MHC: The Bologna 2013-2017 program and current situation, Francesca Guzzetta et al. – MHD AUSL Bologna (Italy)
- The fusion Model: Integrating Recovery Into High Octane Crisis Care (It can be done!), Charles T.Browning/Shannon Jacard – RI International INC/Recovery Innovation (USA)
- Open Dialogue in Trieste MHD: process of implementation, critical issues and perspectives, Pina Ridente – Psychiatrist Trieste (Italy)
- Open Dialogue: Experiences from the Counseling Service of Addison County in Vermont (USA), Alexander Smith/Robert Jimerson – Counseling Service of Addison County (USA)

3. The right to be equal in front of the law

- Supported decision making and personal budget models, Wilfried Kainz – Essl Foundation (Austria)
- Shanta Rau Barriga - Human Rights Watch

4. The right to independent living and community participation

- Using people power to change the culture of Mental Health, Matthew Holzmann – Orange County, California Mental Health Board (USA)
- The right to live in the Community is a Human Right, Judith Klein – INclude/The Mental Health Initiative (USA)
- Who knows better: the dissemination of self help group learning in Hungary, Robert Kristof – Awakenings Foundation (Hungary)
• **Study visits** to MH Services (on request - few places available – fee requested): the Regional Mental Health System, Social Cooperatives & Microarea.

• **International collaborations** and specific **group meetings**

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**Poster Session 23rd - 25th September**

Posters displayed from **Monday** to **Wednesday** from 9.00 to 18.00