



### ABSTRACT FORM

<b>Name/Nome</b>	<b>Valentina Botter</b>	<b>Country/ Paese</b>	<b>Italy</b>
<b>Affiliation/Organizzazione</b> <i>(University/Agency/NGO)/(Università/Azienda/ ONG)</i>	DSM Trieste		
<b>Address/Indirizzo</b>			
<b>Phone-mobile/Telefono</b>	3470978150	<b>Fax</b>	
<b>E-mail</b>	Valentina.botter@asuits.sanita.fvg.it		
<b>Title of the contribution/Titolo del contributo</b>	Gender sensitive approach in community mental health: actions and perspectives		
<b>Objectives/Obiettivi</b>	Overview of gender sensitive experiences in community mental health services in Friuli Venezia Giulia		

**Contents-text/Contenuto-testo:  
Max. 400 parole/words**

In February 2019 The Lancet show, collecting choral and multidisciplinary contributions, a global overview of gender inequality in science, medicine, and global health, and discuss the evidence for substantial health, social and economic gains that could be achieved by addressing this inequality, through different actions.

We would like to focus, starting from our experiences of gender sensitive approach in building, and working in, community mental health services and projects, on what still remains to be done at different levels, not only in a clinical perspective.

From the pioneristic experience of “Centro Donna Salute Mentale”, in the 90’s, (the first in the world Community Mental Health Center, open 12/24h, just for women with mental suffer), many experiences bring to the construction of strong collaboration not only with socio sanitary services, but with associations and group of women, with or without mental suffer, inside the community.

We discuss how gender difference perspective needs still to be highlighted, following the strong belief that women, and men, need specific hearing and answers, without stereotypes

and prejudices. For example, it is necessary pay great attention on the risk of psychiatrization (or psychologization...) of women expressions and features and to fight the new risk of istituzionalization for women (i.e. the actual answers are too often over psychopharmacologization and the offer of the mere technicism clinical of individual outpatient therapy).

So, this workshop is one of the appointments, as usual a “choral” experience, in which we continue to grow up women’s (and men’s) network, and try to use new word, and to put different sense in word we use...

#### Bibliography:

The Lancet, vol 393, February 9, 2019

World Economic Forum (2015), Global Gender Gap, Report;

World Health Organization (2009), Addressing gender inequities in health and environment,

World Health Organization (2011), Improving Equity in Health by Addressing Social Determinants