



ABSTRACT FORM

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Title of the contribution/Titolo del contributo	EGTC-GO (European Group of Territorial Cooperation) - HEALTH PROJECT-ZDRAVSTVO - MENTAL HEALTH		
Objectives/Obiettivi	To build a network, based on the already existing excellences in the Gorizia, Nova Gorica and Sempeter territories, to better meet the mental health needs of (the local) population. An innovative planning of mental health services requires an effective and efficient local health system, close to people, respecting the universal right to health.		

Contents-text/Contenuto-testo:
Max. 400 parole/words

The project aims to improve access to and performance of healthcare and social services in the cross-border territory of the EGTC GO. It consists in a pilot project of integration among health services and facilities involved (AAS No. 2 "BassaFriulana - Isontina", Zdravstvenidom Nova Gorica, PsihiatričnaBolnišnica Idrija). The intent is to build a network, based on the already existing excellences in the two territories, to better meet the health needs of (the local) population. An innovative planning of services requires an effective and efficient local health system, close to people, respecting the universal right to health.

The project will be carried out in close collaboration with the Slovenian Ministry of Health and the Friuli Venezia Giulia Region.

The targets of the EGTC GO are to:

- Carry out a preliminary analysis of Mental health services in Italy and in Slovenia.
- Find out the operating methods of the cross-border team.

- Provide common Training for the team.
- Provide training for non-mental health professionals.
- Provide language training.
- Activate a co-housing group in Slovenian territory in co-management with NGOs.
- Enhance recovery in mental health facilities and a starter action for self-help.
- Reduce stigma.
- Foster collaboration with private associations and social cooperatives for job opportunities.
- Improve governance of existing facilities to support those of PERSONALIZED HEALTH BUDGET.

The health budget is an innovative method that allows patients to reintegrate in social life through independent housing, in working life through autonomous jobs and increasing their social relations. Personalised projects will be created for each person, based on their needs, values and preferences. The strengths of a personalized project are: the shared decisions and assumption of responsibility on the part of all subjects involved.

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The project Salute- Zdravstvo is funded by the programme INTERREG Italia-Slovenija 2014-2020