



### ABSTRACT FORM

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<b>Title of the contribution/Titolo del contributo</b>	Changing Narratives – Reaching out to Marginalized Communities Within the Mental Health System - Enosh the Israeli Mental Health Association		
<b>Objectives/Obiettivi</b>	<p>The goal of this presentation is to demonstrate the shift in narratives in community based mental health services through the example of Enosh in Israel.</p> <p>At the end of the presentation, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Describe the change in narratives regarding people with psychosocial disabilities in Enosh services.</li> <li>• Describe Enosh efforts to provide a range of Mental Health community-based services for people from marginalized communities</li> <li>• Identify the needs of marginalized communities (examples of dual diagnosis, and women with Complex Post Traumatic Stress Disorder) when applying community-based services</li> <li>• Identify these services components.</li> </ul>		

**Contents-text/Contenuto-testo:**  
**Max. 400 parole/words**

The presentation will focus on the shift in narratives related to people with psychosocial disabilities through describing Enosh recovery services development – from focus in the diagnosis under the medical model to seeing the person needs in its community. Enosh vision shifted from rehabilitation based to a person based model which provides a range of opportunities to

recovery and growth.

In recent years the organization had put an effort to promote more personalized services to marginalized communities within the mental health system. We have been able to do so in a variety of areas, including housing, employment, social recreation, and family counseling after creating training and awareness change with professionals and teams working in the organization.

After promoting an approach in which the person is in the center, teams started to create more specific accommodations to different groups that excluded from the rehabilitation services for years. Among these groups are people with dual diagnosis, people experiencing homelessness, women coping with Complex Post Traumatic Stress Disorder, young adults and elderly, as well as different cultural and religious communities like ultraorthodox Jewish communities, Arab communities and many more.

In each one of these subgroups, our approach is based on a few elements:

1. personal partnership and close relationship
2. Trauma-informed care
3. providing tools for independent living, such as supported decision making.
4. Promoting coordinated work with networks and family members and working on the expansion of networks for our clients
5. Working with clients on access to rights and promote self-advocacy
6. We utilize a course of action to community integration, aiming to promote personal recovery and resilience and wellness.

Examples of applying of these elements will be shown through Enosh women with CPTSD and dual diagnosis, which are pioneer services developed by Enosh and today are leading the way to a shift in the Israeli rehabilitation community.

Enosh is a non-profit organization that has been around since 1978. We promote community-based mental health services, nationwide for more than 6000 people, 800 and more employees and hundreds of volunteers, and advocate for the rights of people with psychosocial disabilities and their families in Israel and internationally. The services we provide include the areas of supportive rehabilitation housing, supportive employment, social and recreational activities, family counseling, and early intervention centers. In each area, we operate innovative solutions and looking to expand new horizons for better mental health.