



**GOOD PRACTICE SERVICES:
PROMOTING HUMAN RIGHTS &
RECOVERY IN MENTAL HEALTH**
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ABSTRACT FORM

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Title of the contribution/Titolo del contributo	The experience in Wales: Hywell Dda and Aneurin Bevan Health Boards		
Objectives/Obiettivi	Explain the pathway of the implementation of the Twinning Collaboration "Whole Person, Whole Life-Whole Systems" between ASUITS and Hywell Dda with the support of IMHCN (International Mental Health Collaborating Network)		

Contents-text/Contenuto-testo:
Max. 400 parole/words

Trieste Mental Health Department - ASUITS collaborates with WHO (World Health Organization) since 1974 and since 1987 is **WHO CC** (World Health Organization – WHO – Collaborating Centre for Research and Training in Mental Health).

Trieste is recognized by the WHO as a centre of excellence for the delivery of mental health services.

Study visits of Welsh Directors, lead clinicians, professionals, service User Representative and managers of Hywel Dda University Health Board took place from 2014 (October 2014) and study visits/exchanges/International Meetings in Trieste and Conferences & study visits/Learning set in Wales have followed.

Hywel Dda University Health Board and ASUITS, supported by the International Mental Health Collaboration Network (IMHCN), have expressed a desire to form a Twinning Collaboration Convention of learning, sharing experiences and development for an improved Whole Person, Whole Life- Whole System” approach to mental health.

Thanks to **Decreto n° 41 06/02/2015** – ASUITS it has been established the Twinning Collaboration Convention: **"Whole Person, Whole Life-Whole Systems"** among **ASUITS, Hywel Dda University**

Health Board, Wales with the support of **IMHCN** (International Mental Health Collaborating Network) for improvement and innovation of services, adopting a whole life-whole systems approach.

The aim of this Twinning Collaboration Convention is to bring together people and organisations that are committed to develop good quality community mental health services and practices for people with a mental health issue based on the philosophy principles and values of whole life, recovery and social inclusion and emancipation.

With the support of a continuous learning culture and collaboration, individuals and organisations can benefit from each other's experiences, practices and knowledge.

This Twinning Collaboration Convention is based on the experience from other IMHCN members in developing a Whole Life-Whole System, Recovery into Practice Approach.

Trieste's Aims are:

- To provide opportunities for further learning and support for Hywel Dda University Health Board and its partners in the Trieste Mental Health models of services, culture and practices.
- To provide further study visits, staff exchange programs and seminars, workshops as determined by all partners.
- To establish a Whole Life, Recovery into Practice Learning Set in a specific service area in Trieste.
- To learn about the organisation and practice of Primary Care, Elderly Services and the present community mental health centers in Hywel Dda.
- To learn about the therapeutic services and practices offered to people in Hywel Dda University Health Board.