LEARNING FROM EACH OTHER

René Keet, Trieste
June 22, 2018
SIX PERSPECTIVES

1. ETHICS
2. PUBLIC HEALTH
3. RECOVERY
4. EFFECTIVENESS
5. NETWORK
6. PEER EXPERTISE
1. ETHICS

HUMAN RIGHTS
Asylums

Essays on the social situation of mental patients and other inmates

ERVING GOFFMAN

with a new introduction by William B. Helmreich
HUMAN RIGHTS

UN GENERAL ASSEMBLY 2007

- Live and Participate in the Community
- Right to Education
- Right to Health
- Right to Employment and Social Protection
2. PUBLIC HEALTH

ADDRESSING THE NEEDS OF THE POPULATION
3. RECOVERY
BUILDING ON PERSONAL GOALS AND STRENGTHS
YOUR RECOVERY JOURNEY
4. EFFECTIVENESS

INTERVENTIONS BASED UPON NEEDS
EFFECTIVE INTERVENTIONS: RECOMMENDED

PSYCHOPHARMACOLOGY
COGNITIVE BEHAVIORAL THERAPY
MOTIVATIONAL INTERVIEWING
E-HEALTH, M-HEALTH: E-COMMUNITY
IPS/ HOUSING FIRST
5. NETWORK

A WIDE NETWORK OF SERVICES AND RESOURCES
NETWORK

- SELF-HELP
- RESOURCE GROUP
- COMMUNITY SERVICES
- MENTAL HEALTH CARE

PERSON
6. PEER EXPERTISE

PATIENT IS COCREATOR OF CARE
PATIENT IS COCREATOR

INDIVIDUAL LEVEL
- TREATMENT, SHARED DECISION MAKING

SYSTEM LEVEL
- TEAM

POLICY LEVEL
- SERVICE, GOVERNMENT

NOTHING ABOUT US WITHOUT US
<table>
<thead>
<tr>
<th>PERSPECTIVES</th>
<th>WHAT HAVE WE ACHIEVED?</th>
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<tbody>
<tr>
<td>ETHICS</td>
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<td>PERSPECTIVES</td>
<td>Implications for leadership</td>
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<td>ETHICS</td>
<td>Human rights activist</td>
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<td>Building on the goals and strengths of the service. Support professionals to be topfit and jobfit</td>
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<td>EFFECTIVENESS</td>
<td>Evaluation of the service. Ongoing PDSA cycle. Measure development in attractive dashboard</td>
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<td>NETWORK</td>
<td>Polyglott: ready, able and willing to learn the languages of different sectors</td>
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<td>Role model in personal disclosure. Create a safe environment for professionals for self-disclosure</td>
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NEXT STEP: EXCHANGE AND EVALUATION
Do you want to be added here as well?
THANK YOU FOR YOUR ATTENTION!

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