

*of an academy?*

November 2017  
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## *Introduction:*

*Martijn Kole: Advisor of the CEO, co-founder RC and peer leader*

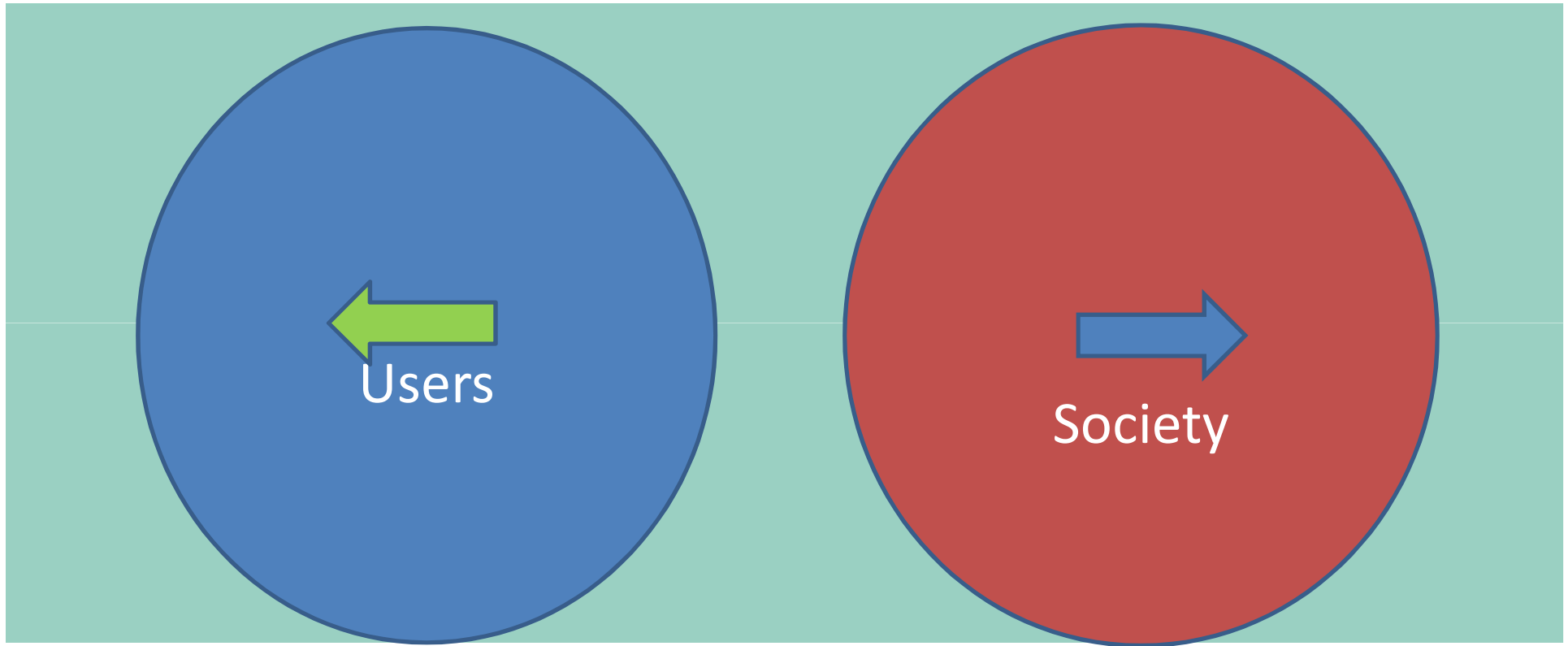
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My sense of self?  
Do I feel part of society?



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Principles of recovery is the  
cornerstone:

New initiatives emerge, when you actively  
change your perspective of “care”.

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## College program

The courses are developed by *peers* and taught by *peer trainers*.

Recognition, reciprocity, inspiration, hope and perspective for the future.

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'Je eigen pad bewandelen is makkelijker als je het samen doet.'

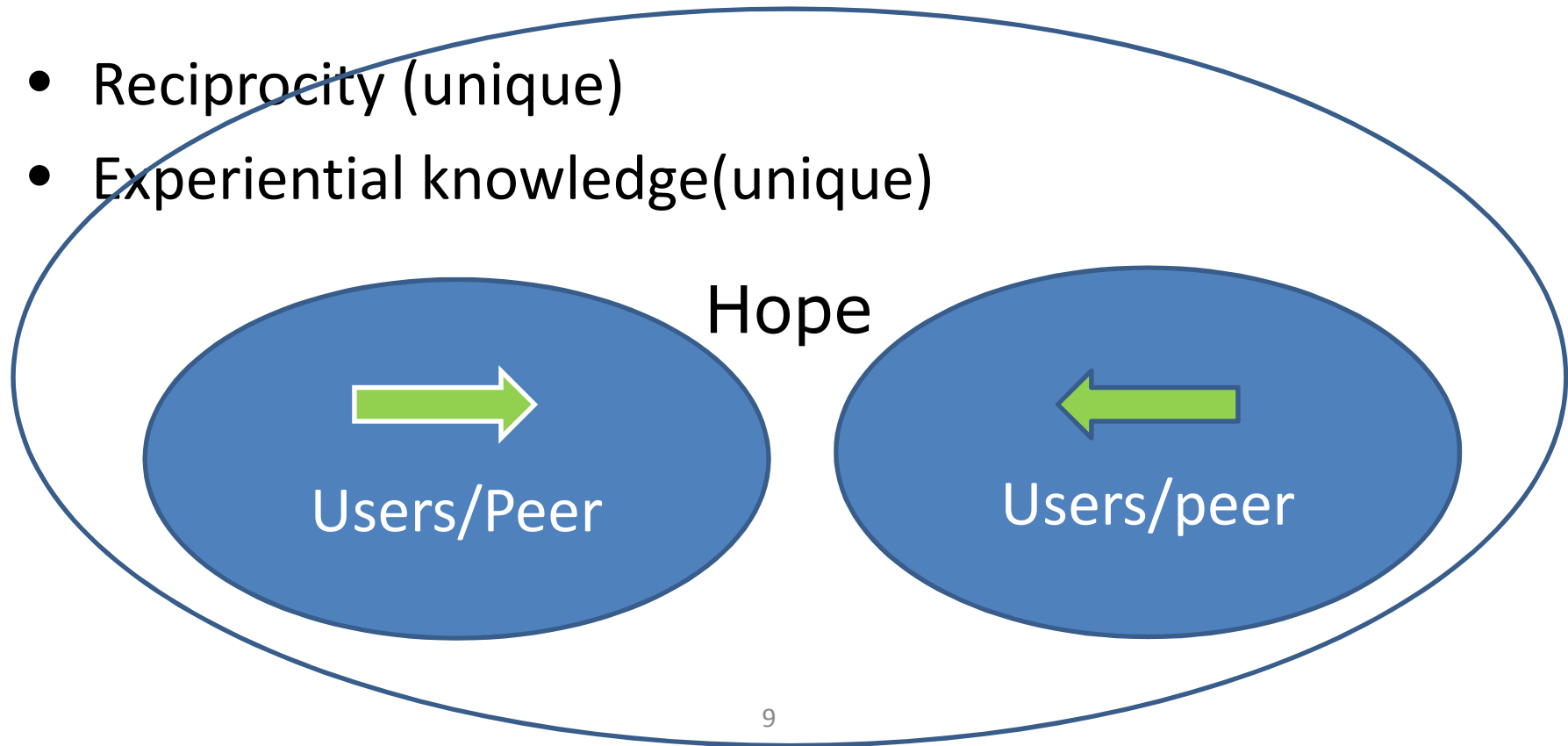
*"Sailing your own course is easier together"*

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Bridging the gap:  
(re)-emerging of the sense of self

- Reciprocity (unique)
- Experiential knowledge(unique)



## At a Recovery College:

- You are a participant, student or peer trainer;
- You are equal to all who participate;
- You create your own learning course, through your own insight and interests;
- You make new friends
- You receive a certificate at the end of a course.

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## Participants:

You can see a positive change within attitude and skills. They become empowered.

*'We learn and inspire each other on the road to recovery.'*

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# Enik

First Dutch recovery college

Enik wordt 100% gerund door peers  
**100%**

Meaning  
**Hope**  
Opportunities  
Power

College	Time out
Social living	meeting place/cafe

peer ethics: Hope, Reciprocity, equality and involvement

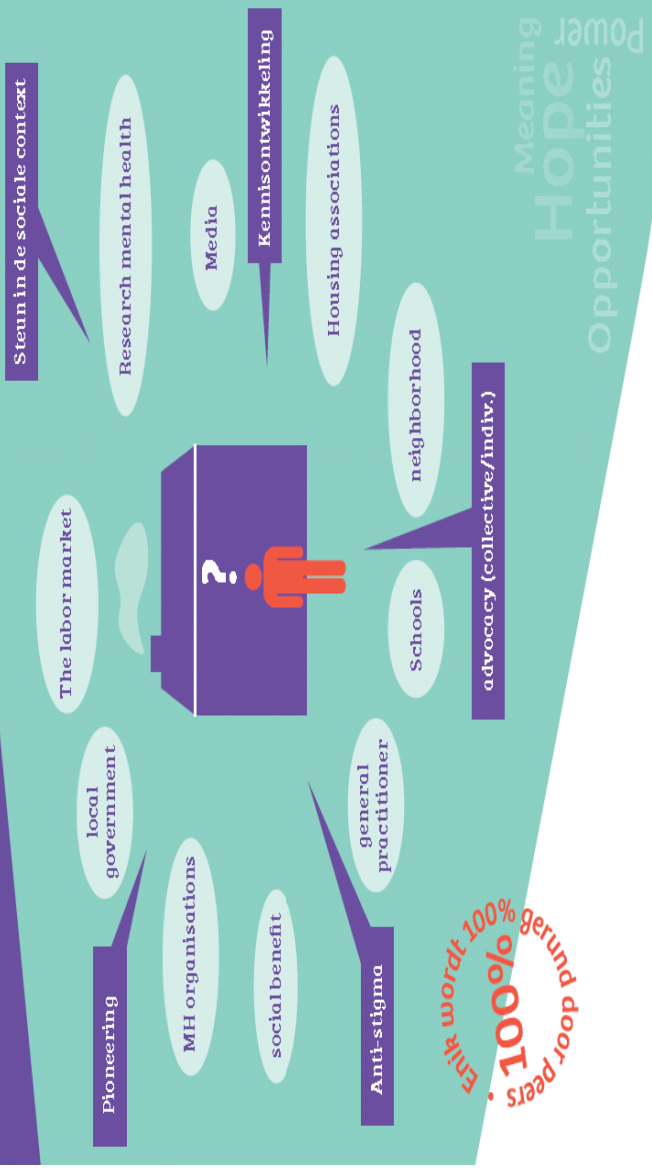
## Buildingbloks: peersupport, self-help and participation



# Enik Recove

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# A community based Recovery College



# Enik Recovery Coll



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## The power of education for recovery

“Education is the most powerful weapon which you can use to change the world.”

- Nelson Mandela

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## Conclusion

- Participate with the innovations in care focussed on: autonomy, decision-making, own strength and participation;
- Clear framework & free space;
- Normalizing, (mental health care new style);
- Free from diagnosis language

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Thank you for your time and attention!

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