



WHO CC for Research and Training in Mental Health Trieste - Azienda Sanitaria Universitaria Integrata di Trieste

FRANCA AND FRANCO BASAGLIA INTERNATIONAL SCHOOL - THE PRACTICE OF FREEDOM

The right [and opportunity] to have a [whole] life

INTERNATIONAL SCHOOL & CONFERENCE

**Trieste,
15-18 November 2017**

Best practices for empowerment, self determination,
community resilience, wellbeing and human rights

www.triestementalhealth.org

ABSTRACT FORM

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Title of the contribution/Titolo del contributo	Introduction. A new strategy of change for mh care? For a possible convergence of advocacy and practice.		
Objectives/Obiettivi			

Contents-text/Contenuto-testo:

This contribution refers to the current international situation related to human rights, deinstitutionalization, empowerment other societal and individual means for change.

Deinstitutionalization is underlined as the main strategy to overturn the oppression of people with psychosocial disabilities and mobilize resources for their recovery and social integration, creating services and supports in the community. The issue of rights a main aspect of deinstitutionalization. The impact of CRPD in mental health is now widening, as far as all articles are concerned, especially those related to coercion, self-determination, and fundamental freedoms. It sets a balancing point between the right to adequate care and the right to all fundamental human rights. The debate on involuntary treatments and freedom issues are here described. A number of instruments of social change are needed to enforce the CRPD declared rights, such as exchange, cooperation, coproduction, social capital, social determinants. The experience of Trieste is described especially in those aspects referred to human rights. The principles of open door, hospitality, negotiation and alternatives to coercion are described. The whole life – whole systems approach provides a new framework that is comprehensive and value-based not only for individuals but also for communities. Other examples of good practices based on human rights are mentioned. Present and future developments are outlined in the conclusions.