



**DEMOCRAZIA  
E SALUTE MENTALE  
DI COMUNITÀ**  
DEMOCRACY AND COMMUNITY  
MENTAL HEALTH CARE

**Trieste, Parco di San Giovanni, 21-23 giugno/June 2018**

**Participation, citizenship and reform processes in Italy and worldwide 40 years after law 180.  
Conference of collective subjects and organizations for change**

**Organized by Mental Health Department ASUI Trieste and Associations and Social Cooperatives of the territory**

- [Foreword](#)
- [The speakers](#)

Please click on the undelined names to get the **presentations** - pdf file

## **Thursday 21<sup>st</sup> June**

### **An overview**

**Introductory Speech** *Paradigm shifts* [Roberto Mezzina](#)

**Law 180 and the enlargement of rights** *Law 180 and the Italian Constitution, compulsory treatment, rights of citizenship inside and outside the Mental Health care, the consequences in stakeholders' experiences.*

Massimo Cozza, Daniele Piccione, [Silva Bon](#), Franco Rotelli

**Roots and testimonials** *The anti-institutional movement, testimonies' lived experiences, critical issues of nowadays and of the past, the value of transformation for all involved subjects, associationism and social cooperation.* Daniele Pulino, Michele Zanetti, Don Mario Vatta, Mario Novello, Alberta Basaglia, Marco Bertoli, Gisella Trincas, Peppe Dell'Acqua, Ivan Brajnik (Cooperativa Lavoratori Uniti Franco Basaglia)

[video here](#)

## Workshops New practices

- **QRs training** (Eng) *Implementation experiences. Standards in mental health facilities –an in depth case study in Greece using the WHO QualityRights toolkit. Human Rights and Capacity Building. Implementation in Liberia.* [Katerina Nomidou](#), [Claudia Battiston](#), [Morena Furlan](#), [Janice Cooper](#), [Josiah Monmia](#)
- **Co-production #1** (Eng) *Co-production experiences. The challenge of co-production. Practicing the principles of emancipation, equality and responsibility. Why are equal partnerships between professionals, service users and the public crucial to improving the effectiveness of mental health services?* [Paul Baker](#), John Jenkins, Francesca Bottai (Social Cooperative Oltre I Grembani)
- **24 hrs CMHC** (Eng) *The Community Mental Health Centre 24hrs/7: The Mental Health Department of Trieste and its services. Focus on the De-institutionalization process; principles and organization, to better understand the central axis of community-based services: the 24 hours/Community Mental Health Center. An interactive discussion on the process of care in the community, from crisis intervention to personalized plans, functions, and organization of the CMHC.* [Chiara Luchetta](#), Francesca Santoro, [Daniela Speh](#)
- **Open Dialogue** (Eng) *The Open Dialogue, developed in Western Lapland in the last 30 years, is progressively spreading in many countries around the world for its effectiveness, in particular, in the treatment of psychosis. We will look over its implementatio in various countries.* Giuseppe Salamina, Jaakko Seikkula
- **Latin America Network #1** (Ita/Esp) *Analysis of legislations on Mental Health of each country. Reflections, even on critical issues, on the state of their implementation, starting from the Italian experience.* Giovanna Del Giudice, Roberto Colapietro, Mario Colucci, Cecilia Baroni, Emilio Filippini, Fernanda Nicacio, Silvia Raggi, Rossana Seabra Sade, Alberto Trimboli
- **Programmes for Social and Personal Wellbeing** (Ita) *The Mens Sana Project. Almost 60% of the diseases in Europe are caused by 7 risk factors: hypertension, tabagism, alcohol, dislipidemia, overweight, physical inactivity and incorrect diet. The “Mens Sana Project” promotes a careful evaluation of the health conditions, but also the involvement of people with severe mental disorder in activities for physical recovery and socialization.* [Pietro Zolli](#)

## Thursday afternoon

### Parallel session #1:

Franca e Franco Basaglia Theatre

**International influence of Italian reform** *Dissemination of ideas of Law 180, abolition of psychiatric*

*hospitals, reforms in other countries, comparison with the UN Convention on the Rights of Persons with Disabilities. Towards a new wave of reforms in Europe. The alliance of the South European Countries (Spain, Portugal, France, Greece) and other countries on the way.* Antonello D'Elia

**Between politics and rights: the international stage.** [Jolijn Santegoeds](#) (WNUSP): CRPD and Mental Health, [Josè Caldas de Almeida](#): European Politics, [John Jenkins](#): Italy and UK – The completion of the reforms

**Improving the reforms in Europe. The Southern alliance.** [Theodoros Megaloeconomou](#) (Greece), [José Leal](#) (Spain), [Massimo Marsili](#) (France), [Josè Caldas de Almeida](#) (Portugal)

**South America and the Italian reform.** Maria Graciela Iglesias (Argentina), [Rossana Seabra Sade](#) (Brazil)

[video here](#)

### Parallel session #2:

MHD Direction – Ita

**Network meeting. Social Cooperation and Mental Health policies** Gian Luigi Bettoli and Raffaele Barone, Felicitas Kresimon, Fedele Maurano, Giuseppe Cardamone, Alessandro Coni, Giuseppe Salluce, Angela D'Agostino, David Pasqualetti, Michele Vignali (Coop Betadue Arezzo), [Peppe Pillo \(Sportivamente\)](#) .....

Franca e Franco Basaglia Theatre

**Open Dialogue as transformation of the System of Care.** Pina Ridente, [Jaakko Seikkula](#)

[video here](#)

## Friday 22<sup>th</sup> June

### Starting from now

Franca e Franco Basaglia Theatre

**State of the Services** *A review of what has been achieved and what has yet to be done, opinions of stakeholders and of those who are outside the psychiatry-related field.* Fabrizio Starace, Mauro Asquini, Angelo Fioritti, Edoardo De Ruggeri, Carlo Minervini of “Rompiamo il Silenzio”, Gisella Trincas, Paolo Peloso, Elisabetta Rossi

[video here](#)

**For a new community welfare** *Right to work, to home and to sociality through experiences of participatory welfare, assisted and independent living, caring cities and welcoming communities.* Gian Luigi Bettoli, Raffaele Barone, Ranieri Zuttion, [Nino Maone](#), [Ilario Volpi](#), [Federico Russo](#), Franco Rotelli, [Paolo Molinari](#), Nino de Mattia

[video here](#)

### Workshops New practices

- **Co-production #2** (Ita) *The co-production as a method: empowerment workshop conducted by experts by profession and experts by experience, with the aim of sharing the experimentation and involving the participants in the co-production of a training path.* Izabel Marin, Articolo32
- **Dialogo Aperto** (Ita) *Focus on the implementation of Open Dialogue in Italy which, starting from a training course involving 8 Regions with subsequent experimentation of the approach in some Italian MHDs, produced a national research.* Pina Ridente, Raffaella Pocobello
- **Il CSM 24 h.** (Ita) *Organization and functions. The Mental Health Department of Trieste and its services. Focus on the De-institutionalization process; principles and organization, to better understand the central axis of community-based services: the 24 hours/Community Mental Health Center. An interactive discussion on the process of care in the community, from crisis intervention to personalized plans, functions, and organization of the CMHC.* Cristina Brandolin, Matteo Impagnatiello, [Giulio Mastrovito](#), Ilaria Muggia, Federico Babici
- **Approccio di genere** (Ita) *A network for Women Mental Health beyond the borders Dialogues between those involved in women Mental Health in Services, associations, and universities to stimulate a comparison on the practices that are already proposed and start new reflections. Extending the already consolidated network to realities with which, despite the geographical proximity, there is still no mutual knowledge.* [Valentina Botter](#), [Jana Pečar](#) Patrizia Romito, Mojca Urek, Paola Zanus
- **Person centered home treatment and crisis resolution** (Eng) *The workshop will consider the background and principles of setting up a Crisis Team (STID) in Trieste. We will present findings from the work of STID, in particular, our experience of joint working with those who use the services and their families. We will consider the additional value (benefits) of having a crisis team within an already effective and comprehensive mental health system like in Trieste.* [Serena Goljevscek](#), Sashi Sashidharan
- **Latin America Network #2** (Ita/Esp) *Analysis of legislations on Mental Health of each country. Reflections, even on critical issues, on the state of their implementation, starting from the Italian experience.* Giovanna Del Giudice, Roberto Colapietro, Mario Colucci With: Cecilia Baroni, Emilio Filipponi, Fernanda Nicacio, Silvia Raggi, Rossana Seabra Sade, Alberto Trimboli

### Friday afternoon

### Parallel sessions #3:

Franca e Franco Basaglia Theatre

**De-institutionalization today and the network of good practices worldwide** *Experiences in Europe: towards a common document for governments. Is deinstitutionalization in middle and low-income countries possible? Commitments of NGOs and foundations.* Renzo Bonn

**New National Reforms: is East Europe restarting?** [Jan Pfeiffer](#) (Czech Republic), Nadja Čobal, Vito Flaker (Slovenia), [Ladislav Lamza](#) (Croatia), [Vladimir Jovic](#) (Serbia), Zsofia Szonyi, Zsusanna Szollar (Hungary)

**Role of the social cooperation.** Michela Vogrig

**Global Mental Health.** [Sashi Sashidharan](#) (UK- India), Janice Cooper (Liberia), Asad Ramlawi (Palestine)

**Networks for Reforms.** Gabriele Rocca (WAPR), Jan Berndsen: Mental Health Europe, [Rene Keet](#): EuComs Network, John Jenkins: IMHCN, [Katerina Nomidou](#): Gamian Europe

[video here](#)

### Parallel sessions #4:

MHD Direction - Ita

**De-institutionalization today and the network of good practices in Italy** *Experiences of de-institutionalization today in Italy. Today's practices in Italy besides Mental Health Care. Mental Health in prison and in the REMS(Temporary dwelling places for the execution of security measures - former Psychiatric forensic hospitals). The topics of restraint, of migrants, of new marginalities.* Giovanna Del Giudice

**No-restraint.** Maila Mislej, Giovanni Rossi, [Piero Cipriano](#), Vito D'Anza, Alessia De Stefano, Antonio Luchetti

**Migrants/new marginalities.** Massimo Magnano, Mario Reali, Ofelia Altomare

**REMS/prison.** Pietro Pellegrini, Alessandra Oretti, Luigi Benevelli, Salvatore Di Fede, Stefano Cecconi

**REMS Trieste and Day Centre Cave nove: the activities.** Alessandro Norbedo, Loriana Frattini and [Cave Nove team](#)

## Saturday 23<sup>th</sup> June

## Towards Community Mental Health Care

Franca e Franco Basaglia Theatre - Simultaneous translation available Ita/Eng

**The future: policies, laws and rights. *Mental Health in Italy and in Europe : stakeholders empowerment.*** Teresa Di Fiandra, Angelo Barbato, [Nel Anxelu González Zapico](#), [Melita Murko](#): presentation of the [WHO regional report on Mental Health, human rights and standard of care.](#)

**Towards ZERO Coercion.** Roberto Mezzina, [Jolijn Santegoeds](#), [Giampiero Griffo](#), [Gabriele Rocca](#), Sashi Sashidharan

### Conclusions

[video here](#)

### Saturday afternoon

MHD Direction (A and B rooms) - Ita

**A common pathway. *The experiences of cooperators: people and their associations.*** GisellaTrincas, Pino Pini - AISMe, [Nel Anxelu González Zapico - Confederacion Salud Mental España](#), Articolo 32, Stefania Buoni - COMIP Italy, Claudio Cossi - AFASOP, Donatella Miccinesi, Davide Motto and Paolo Macchia - Rete Utenti Lombardia, Associations, NGO, Social Cooperatives .....