

WHO Geneva, Department of Mental Health and Substance abuse has asked WHO CC of Trieste to host, within the “QualityRights Project” framework, the working group “Mental Health Service Guidance - Recovery, people-centered & human rights-oriented approaches in mental health” for the development of a guidance that will document community-based mental health services and supports that :

- are people-centered
- operate without coercion
- respond to people’s needs
- support recovery
- promote autonomy and inclusion in line with international human rights standards.

The working group will be hosted in the activities of the [International School Franca & Franco Basaglia - The Practice of Freedom](#) - International Meeting “**Good Practice Services: Promoting Human Rights & Recovery in Mental Health**” that will be held in Trieste from 23 to 26 September 2019.

The WHO [QualityRights](#) initiative is working to improve access to quality mental health services globally and to promote the human rights of people with mental health conditions and psychosocial, intellectual, and cognitive disabilities. As part of this initiative WHO is developing a **good practice guidance document which will present information on community-based mental health services that promote human rights and the recovery approach.**

This guidance will identify and document good, promising and emerging community-based mental health services and supports

It is crucial to demonstrate that these Services do exist and are efficient in order to inspire policy makers and other stakeholders to act and disseminate worldwide new and innovative approaches in Mental Health care

These people-centered Services should include those which support persons in acute crisis without the use of force, coercion and mandatory treatment and without the use of practices that include isolation, restraint and coercion. A detailed description of the each service will be provided, including evaluation of costs, outcomes, sustainability and transferability to other contexts.

The meeting, organized by Trieste WHO Collaborating Centre for Research and Training in Mental Health in collaboration with WHO, will present the Mental Health Service Guidance Project to the participants and will feature its dissemination, within the WHO Quality Rights Project, and its implementation in Europe and globally.

This year International Meeting will feature basically on cooperation programs based on the experience of

Trieste.

The Trieste Model and its regional implementations will be presented as an example of system change. The identification of Good practices featured by the WHO initiative will be merged in a wider context of a whole system change based on de institutionalization.

The Meeting will include :

- WHO Euro QualityRights country presentations and discussions, individual meetings between national focal points and experts to discuss the services development in different countries
- The Trieste model as an example of whole system change: how to adapt it- to different communities, cultural backgrounds, terms of resources and different problems - worldwide? What are the steps to implement it gradually ?
- Recommendations on the phasing out of psychiatric hospitals: presentation of a document on a qualitative survey of world best practices
- Empowerment networks: what is going on in Europe and worldwide to reinforce the voice and the decisions of users and families
- Good practices of Social Enterprises and job placement
- Working groups: international cooperation on a regional and national level (California, Argentina, United Kingdom, The Netherlands, Czech Republic and Poland among others)
- Programs and practices in whole life domains: the right to work, the right to health, the right to be equal in front of the law, the right to independent living and community participation
- Study visits to Trieste and Friuli Venezia Giulia MH Services.

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In the framework of the activities **proESOF**, for the preparation of **Trieste EuroScience Open Forum (Esof) 2020 - Trieste the European City of Science in 2020**, the Mental Health Department/ WHO Collaborating Centre for Research and Training- AsuiTs is partner in the **Science to Medical Sciences**.